

# FAMILY DEVOTION

## CAMP WILDERNESS

### “Road Rage”



“Don’t Be A Fool, Always Keep Your Cool!”



*“Don’t sin by letting anger control you.”*

– Psalm 4:4a

#### Say:

Have you ever had a moment when you got so mad that you yelled, stomped, or maybe said something you didn’t really mean? Maybe your brother or sister grabbed your stuff without asking or a friend left you out of a game. That angry feeling is real, and it happens to all of us.

Anger itself isn’t wrong. Even Jesus got angry sometimes! But what we do when we’re angry matters a lot. If we let anger take over, we can hurt the people around us and end up doing things we regret.

#### Read:

Numbers 20:1–12

#### Discuss:

- Why were the Israelites upset with Moses?
- What did God tell Moses to do to the rock?
- What did Moses do instead?
- What was the consequence for Moses letting anger control him?

#### Say:

The people were thirsty and cranky—again! Moses asked God what to do, and God gave him clear instructions: speak to the rock. But instead of speaking, Moses struck the rock twice and yelled at the people. He let his anger take control, and it cost him dearly. He wasn’t allowed to lead the people into the Promised Land.

God wants us to be honest about our feelings, but He also wants us to show self-control. That doesn’t mean we just “try harder” not to get mad. It means we stop, pray, and ask God for help before we explode.

#### Pray:

Ask God to help you recognize when you’re getting angry. Pray for the Holy Spirit to give you self-control in tough moments. Ask forgiveness for times when your anger has caused hurt to others.